

109DT Introduction to Nutrition

Introduction to Nutrition

[View Online](#)

Anatomy & physiology made incredibly easy! (3rd ed). (2009). Lippincott Williams & Wilkins.

Barasi, Mary E. (2003). Human nutrition: a health perspective (2nd ed). Arnold.

Bender, David A. (2008). Introduction to nutrition and metabolism (4th ed). CRC Press.

Coventry University (2008) The Harvard Style: A Guide to Referencing Resources. (n.d.).

Dictionary of food science and nutrition. (2006). A & C Black.

Geissler, Catherine & Powers, Hilary. (2005). Human nutrition (11th ed). Elsevier.

Geissler, Catherine & Powers, Hilary J. (2011). Human nutrition (12th ed). Churchill Livingstone.

Gibney, Michael J., Kok, Frans J., Vorster, Hester H., & Nutrition Society. (2002). Introduction to human nutrition: Vol. The Nutrition Society textbook series. Blackwell Science.

Gibson, Rosalind S. (2005). Principles of nutritional assessment (2nd ed). Oxford University Press.

Gregory, Jan, Henderson, Lynne, & Swann, Gillian. (2002). The national diet and nutrition survey: adults aged 19 to 64 years, Vol. 1: Types and quantities of foods consumed. Stationery Office.

Halliday, Anne & British Nutrition Foundation. (1992). Dietary reference values: what are they and how should they be used? Vol. Briefing paper / British Nutrition Foundation. British Nutrition Foundation.

Insel, P. M., Ross, D., McMahon, K., & Bernstein, M. (2016). Discovering nutrition (Fifth edition). Jones & Bartlett Learning.

Insel, Paul M., Turner, R. Elaine, & Ross, Don. (2010). Discovering nutrition (3rd ed). Jones and Bartlett Publishers.

Mann, Jim & Truswell, A. Stewart. (2007). Essentials of human nutrition (3rd ed). Oxford University Press.

Mann, Jim & Truswell, A. Stewart. (2012). Chapter 25 of Essentials of human nutrition -

'Food Groups'. In Essentials of human nutrition (4th ed). Oxford University Press.
<https://contentstore.cla.co.uk/secure/link?id=78891bbb-c604-e711-80c9-005056af4099>

McCance, R. A., Widdowson, Elsie M., AFRC Institute of Food Research, & Food Standards Agency (Great Britain). (2002). McCance and Widdowson's The composition of foods (6th summary ed). Royal Society of Chemistry.

Mills, Alison, Crawley, Helen, Patel, Sejal, & Great Britain. (1996). Food portion sizes (2nd ed). H.M.S.O.

Panel on Dietary Reference Values & Great Britain. (1991). Dietary reference values for food energy and nutrients for the United Kingdom: Vol. Report on health and social subjects. H.M.S.O.

Webb, G. P. (2012). Chapter 2 of Nutrition: maintaining and improving health - 'Food selection'. In Nutrition: maintaining and improving health (4th ed). Hodder Arnold.
<https://contentstore.cla.co.uk/secure/link?id=e0209fcc-c804-e711-80c9-005056af4099>

Whitney, Eleanor Noss & Rolfes, Sharon Rady. (2008). Understanding nutrition (11th [international student] ed). Thomson/Wadsworth.